

## CHRISTIAN MARRIAGE FORMATION

Christian Marriage Formation is a preparation program for the Sacrament of Marriage. The purpose of the program is to help engaged couples grow in understanding their commitment to the Sacrament of Marriage, their awareness of themselves as individuals and as a couple, and their expectations of each other.

The program includes three sessions. These sessions explore such topics as:

Marriage as Sacrament  
Moral Decision Making  
Communication/Conflict Resolution  
Faith and Marriage  
Sexuality/NFP

A priest or deacon, religious educator, a non-Roman Catholic clergy person and married couples join together to conduct these sessions.

The FOCCUS (Facilitating Open Couple Communication, Understanding and Study) Inventory is administered at the end of the Saturday Session.

### SCHEDULE OF SERIES

#### SESSION TIMES:

**Evenings: 7:30 to 10:00pm**

**Saturdays: 9:30am to 3:30pm**

Participants must attend all dates listed after a Series number in order to complete a Series.

Please indicate a first, second and third choice on the registration card as all Series fill to capacity and the coordinator cannot guarantee placement in the first choice.

#### 2009

1. THURSDAYS, July 30 and August 6 and SATURDAY, AUGUST 1  
*St. Mary's Church  
9505 Gayton Road*
2. SATURDAYS, SEPTEMBER 12 and 26  
*St. Gabriel's Church  
8901 Winterpock Road, Chesterfield*
3. TUESDAYS, OCTOBER 13 and 20 and SATURDAY, OCTOBER 17  
*St. Augustine's Church  
4400 Beulah Road*
4. TUESDAYS, NOVEMBER 11 and 18 and SATURDAY, NOVEMBER 14  
*St. Paul's Church  
909 Rennie Avenue*

#### 2010

5. SATURDAYS, JANUARY 9 and 16  
*Our Lady of Lourdes Church  
8200 Woodman Road*
6. WEDNESDAYS, FEBRUARY 3 and 10 and SATURDAY, FEBRUARY 6  
*St. Peter's Church  
800 East Grace Street*
7. THURSDAYS, MARCH 11 and 18 and SATURDAY, MARCH 13  
*Cathedral of the Sacred Heart  
800 Cathedral Place*
8. THURSDAYS, APRIL 15 and 22 and SATURDAY, APRIL 17  
*St. Mary's Church  
9505 Gayton Road*
9. WEDNESDAYS, MAY 12 AND 19 and SATURDAY, MAY 15  
*St. John's Church  
Nine Mile Road*
10. THURSDAYS, JUNE 17 and 24 and SATURDAY, JUNE 19  
*St. Bridget's Church  
6006 Three Chopt Road*

## **HOW TO REGISTER FOR CMF**

To obtain registration information for Christian Marriage Formation, contact the CMF Coordinator:

LORAIN TRACY  
CHRISTIAN MARRIAGE  
FORMATION  
2024 FLOYD AVENUE  
RICHMOND, VA 23220  
358-3539  
[LORTRACY@AOL.COM](mailto:LORTRACY@AOL.COM)

The fee for CMF is \$250.00 per couple. Your check will be your receipt. Financial assistance may be available for couples with a financial hardship. For more information on financial assistance, contact your parish of membership.

Confirmation will be sent via email upon receipt of your registration.

Additional program information is sent to each registered couple one week prior to the beginning of the Series. At the completion of each Series, verification of participation is sent to each registering priest or deacon.

If you withdraw prior to the beginning of a Series, your registration fee will be refunded upon request, less a \$10.00 processing fee. If you withdraw after a Series begins, 50% of your registration fee will be refunded.

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## **FOR ENGAGED COUPLES**

**2009-2010**