

Comments by Prior Retreat Participants

"Don't stop this process. **This keeps couples in the light of God.**"

"I enjoyed this retreat. It was my first marriage retreat. **Being in the midst of other married couples was a positive experience.** I would be more than willing to do another."

"I really enjoyed this process. It was my first **couples retreat.** We needed to be with people more like us and to experience couples in the church who have made marriage work."

"The retreat has wonderful, dynamic leaders. We **thank you for loving and trusting God and each other enough to share your gifts with His people.**"

"**This was a spirit-filled weekend that was much needed and much enjoyed.**"

"The Arusi Retreat and the presenters were very helpful and informative. **It was also fun and relaxing.**"

"**We arrived not knowing what to expect but left feeling like we did not want to leave.**"

Join us for a weekend
retreat of renewal
and enrichment...

Arusi

A

Celebration

of

Married Life

March 16-18, 2012

Sheraton Park South
9901 Midlothian Turnpike
Richmond, VA 23235

Register by March 2, 2012

Arusi Marriage Retreat, March 16-18, 2012
Registration Form

Husband's Name: _____	Wife's Name: _____
Religion: _____	Religion: _____
Phone: _____	Phone: _____
Email: _____	Email: _____
Address: _____	
City/State/Zip: _____	
Wedding Date: ____/____/____	
Parish/Congregation: _____	
City/State: _____	
Your favorite love song as a couple: _____	
Recorded By: _____	
Names & ages of your children: _____	

Send completed form and payment to: Catholic Diocese of Richmond, Marriage Formation, 7800 Carousel Lane, Richmond, VA 23294

The cost is \$300 per couple. Payment is due at the time of registration. .

_____ Full \$300 Payment with registration
_____ \$150 deposit; remainder due by March 2

Make your check payable to Catholic Diocese of Richmond

CALLING ALL MARRIED COUPLES

WHAT: Arusi Marriage Retreat

WHEN: March 16-18, 2012

WHERE: Sheraton Park South
9901 Midlothian Turnpike
Richmond, VA

COST: \$300 per couple

(Includes overnight accommodations, meals, sessions, and materials...when you register we will register you with the hotel, also.)

What is Arusi?

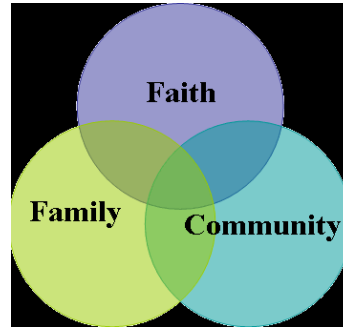
“Arusi” is Kiswahili for “marriage celebration.” It is an experience designed for Christian marriages. Arusi is an opportunity to discover ways your marriage is part of God’s plan, not just for yourselves but also for the community.

- **Revise** your mission statement as a couple so to make your marriage an instrument of God’s love.
- **Review** your life stories and collaborate on a forward-moving narrative of faith.
- **Refresh** your relationship to experience newness in yourselves and each other.
- **Recreate** romance and rekindle the fire and passion of your marriage.
- **Reconcile** broken promises and broken dreams and begin anew.
- **Renew** your wedding vows and recommit to a God-centered marriage with a deeper spirit of Primacy, Empowerment, Protection, and Prayer.



Who Should Attend?

The Arusi Marriage Retreat is an experience for Christian married couples who want to deepen their spirituality as a couple. You don’t have to have a perfect marriage (no one does). But, you must have a desire for commitment and want to keep that commitment for the glory of God.



The program starts at 7 p.m. on Friday evening, March 16 and ends at noon on Sunday, March 18. Dinner Friday and lunch on Sunday are not included.



Sponsored by

Office for Black Catholics

Pam Harris, Director

pharris@richmonddiocese.org

Office of Marriage and Family Life

Catholic Diocese of Richmond

Sandy and Jim Dyk

marriageformation@richmonddiocese.org

Leadership Development

Experience dynamic, effective processes for small faith sharing groups of married couples, while enriching your marriage in comfortable surroundings. Developed by pioneers in marriage ministry with African Americans, the Arusi ministry design strengthens marriages, protects family life and fosters a vision for building strong communities. Processes you will learn:

- Effective communication skills
- Group sharing
- Reconciliation
- Mission development
- Like to like ministry with married couple
- Conflict management
- Forming a marriage ministry at your church
- Marriage mentoring

The Facilitators

Andrew and Terri Lyke

were married in 1975 and have been leaders in Christian marriage preparation, education and enrichment since 1982. They have served thousands of married couples through their



programs. They have nationally presented keynote addresses, workshops, retreats and seminars on Marriage and Family issues to church, community and business audiences. The Lykes are the designers of the Arusi Retreat, which they have presented across the United States. They are national trainers of curricula used in the Healthy Marriage Initiative, i.e., *FOCCUS* and *Exploring Relationships and Marriage with Fragile Families*. They have written articles for local and national publications on Christian Married Life. The Lykes are a regular feature on American Catholic Radio’s weekly segment “Marriage Moment.” In September 2009 they were summoned by the Pontifical Council for the Family to travel to Rome, Italy to consult in the planning for an International Conference for the Family. Later that same month they were signatories of the Marriage Proclamation, signed at the historic Emancipation Tree on the campus of Hampton University in Virginia.